

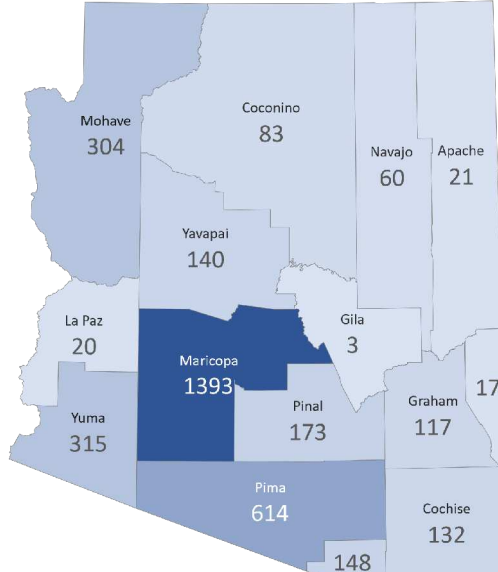
# Healthy Families Arizona 2021-2022

## Evaluation Highlights

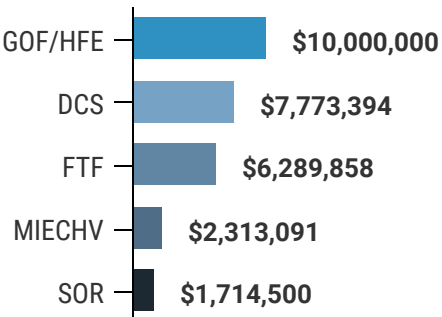
The **Healthy Families Arizona (HFAz)** program was established in 1991 by the **Arizona Department of Child Safety**. The U.S. Department of Health and Human Services has designated **Healthy Families America** as "evidence-based."

**Oct 1, 2021-Sept 30, 2022**  
**3,540 Families**  
**11 Programs**  
**44 Teams**  
**15 Counties**  
**254 Zip Codes**

### Number of Families Served by County



### Program Funding



Families receive home visits by trained staff who connect them to **community resources** and provide **child development coaching and education**.



**HFAz** helps expectant and new parents get their children off to a healthy start, with the ultimate goal of **reducing child abuse and neglect**.

### Governor's Office/Healthy Families Expansion (GOF/HFE) Funds

- Received in **July 2022**.
- \$6.1 million** were allocated for **hiring additional staff**.
- \$3 million** were allocated for **increases in staff salaries**.



### Family Participation

**53,101 home visits** were completed in FY22. 84% were in person and 16% were virtual.

Families participated in **HFAz** for a **median of 13 months**, higher than the median number of months in the past three years (10 months in FY21 and FY20, and 12 months in FY19).



### Child Development Screening

**3,745 Ages and Stages Questionnaires (ASQ-3)** were completed with **2,223 children** to measure child development progress and identify potential delays.

**79%** of screenings showed **typical** childhood development.

**219 referrals** for services were made based on ASQ-3 results that were of concern.

### HFAz Mothers Have Higher Needs than Mothers in Arizona

**10%** are teen mothers compared to 5% in Arizona.

**64%** are single mothers compared to 45% in Arizona.

**23%** have less than a high school education compared to 10% in Arizona.



### Family Retention

**60% of families** will continue with the program in FY23.

**31% of families** participated in **HFAz** for **24 months or more**, which is the highest rate observed for this length of time compared to the past three years (28% in FY21, 26% in FY20, and 29% in FY19).



# Key Program Outcomes



## Parenting and Family Outcomes

Caregivers showed significant improvement 14 months after enrollment in HFAz in areas measured by the Healthy Families Parenting Inventory (HFPI):

- Home Environment
- Mobilizing Resources
- Personal Care
- Problem Solving

## Postnatal Depression Screening and Referrals

**1,804 Edinburgh Postnatal Depression Screens were completed with 1,452 parents.** Of the 431 parents (24%) who screened positive, 67% received a referral, 25% were already in services, 1% declined the referral, and 7% did not have a referral documented.

## Child Maltreatment Prevention

**96.9% of families served for at least six months did not have a substantiated child maltreatment report.** 3.1% had a substantiated report, which is slightly lower but consistent with substantiation rates in FY20 (3.7%) and FY19 and FY18 (3.6%) (DCS data was not available in FY21).

# Key Recommendations



Review the referral process with staff to ensure they are making and documenting appropriate referrals to services. Strengthen referrals to HFAz from DCS/SENSE.



Continue to provide staff with training and technical assistance for data entry, cleaning, and quality checks. Consider providing home visitors with additional training on specific cultural values and norms of families served.



Families would like more activities, access to community resources, outdoor events, and opportunities to meet other families in HFAz. Consider using additional materials to reflect different languages and cultures.



Consider collecting HFPI data at six-months after baseline, which provides enough time to assess meaningful change. Subscales where less improvement occurs indicates areas for additional resources and support.

**For more information, please refer to the full evaluation report.**

**Source:** LeCroy & Milligan Associates. (2023). *Healthy Families Arizona Annual Evaluation Report: October 2021 - September*



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